

FALL 2013

LYNCHBURG
Parks & Recreation

activity guide

PAGE 4: AFTER-SCHOOL PROGRAMS BEGIN

PAGE 9: NEW ARCHERY CLASSES OFFERED FOR ALL AGES

**LYNCHBURG
PARKS & RECREATION**

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LYNCHBURG PARKS & RECREATION

While Miller Center undergoes renovations, the following locations are serving as the Parks & Recreation offices:

PARKS & RECREATION MAIN OFFICES

2704 Concord Turnpike, Lynchburg, VA 24504
(434) 455-5858 | Hours 8:30am - 5:00pm

ATHLETICS, AQUATICS, & THE NATURE ZONE

825 Kemper Street, Lynchburg, VA 24501
Call for an appointment (see direct contact numbers below)

RECREATION SERVICES & VOLUNTEER COORDINATION

525 Taylor Street, Lynchburg, VA 24504
Call for an appointment (see direct contact numbers below)

MAILING ADDRESS

301 Grove St, Lynchburg, VA 24501

CONTACTS

MAIN OFFICE | (434) 455-5858

CANCELLATION LINE | (434) 455-5860

Athletics/Aquatics | Maggie Mace | (434) 455-5882

Athletics - Adult | Ron Martin | (434) 455-5873

Athletics - Youth | Joanna Nisbet | (434) 455-5884

City-Wide Centers | Allyson McSwain | (434) 455-5837

Neighborhood Centers | Charlotte Lester | (434) 455-5857

The Nature Zone | Kathie Driscoll | (434) 455-5854

Templeton Senior Center | Lynn Fox | (434) 455-4115

Volunteer Coordinator | Paula Tannenbaum | (434) 455-5886

WWW.LYNCHBURGVA.GOV/PARKSANDREC
PARKSINFO@LYNCHBURGVA.GOV

  /LYNCHBURGPARKS

 /LYNCHBURGPARKSREC

OV tag us!
#lynchburgparks

how to register

Registration for classes and activities can be done in one of the following three ways. Activities with special registration guidelines will be noted in the activity description.



ONLINE

www.lynchburgva.gov/parksandrec



DIRECT MAIL

Mail your completed registration form (page 23) to Lynchburg Parks & Recreation, 301 Grove St, Lynchburg, VA, 24501



IN PERSON

Visit our offices at 2704 Concord Turnpike or any one of our community centers to register in person

scholarships

If you are a Lynchburg city resident in need of financial assistance to participate in Parks & Recreation programs, you and your family members may qualify for a scholarship. Residents of all ages are eligible. Scholarship applications are online at www.lynchburgva.gov/parksandrec and at any of our centers or offices. Must be submitted for approval five business days prior to registration deadline.

subscribe

Stay updated on the latest Parks & Rec activities, events, and news.

To subscribe, visit our website at www.lynchburgva.gov/parksandrec.



AFTER-SCHOOL PROGRAMS

FAIRVIEW EXTRAS: AFTER SCHOOL PROGRAM

Ages 6 to 17

After-school is eXtra fun at Fairview. Activities include fitness, archery, creative art, special guests & instructors, local field trips, indoor and outdoor games, play time, tutoring, homework help, and healthy snacks. Register and pay monthly.

\$10.00 LR / \$15.00

FAIRVIEW CENTER

Contact: Kaleb VanDePerre

M - F 8/26 - 9/30	3:00pm - 6:00pm	63100.310
M - F 10/1 - 10/31	3:00pm - 6:00pm	63100.320
M - F 11/1 - 11/29	3:00pm - 6:00pm	63100.330
M - F 12/2 - 12/20	3:00pm - 6:00pm	63100.340

SCHOOL'S OUT!

Ages 6 - 17

School's Out! is a program at Fairview Recreation Center for those days when Lynchburg City Schools are closed - snow days, teacher planning days, etc. School's Out! offers kids a variety of themed activities that promote movement, fun, fitness, art, life skills, outdoor recreation, & more. There is a \$3.00 per day charge for those registered in the Fairview eXtras After School Program, and a LR \$13.00 /\$20.00 per day charge for participants not already registered in the Fairview eXtras After-School Program. For more information about School's Out! call Fairview Recreation Center at (434) 847-1751.

AFTER-SCHOOL AT THE NEIGHBORHOOD CENTERS

Ages 6 - 17

Weekday afternoons at each of the neighborhood centers are focused on helping children succeed in school. Tutoring, homework help, fitness activities, and playtime are all part of the day. Register your child at the neighborhood center of your choice. The After-School Program schedule follows the Lynchburg City Schools academic calendar.

MONDAY - FRIDAY

8/26 - 6/6 3:00pm - 6:00pm

CENTER	CONTACT	ACTIVITY
College Hill Center	Michael Preston	65100.304
Daniel's Hill Center	Jo Ann Stinnette	67100.311
Diamond Hill Center	Micky Ferguson	66100.306
Jefferson Park Center	Spencer Pyke	62100.305
Yoder Center	Gary Takacs	64100.305

ARTS & CR

[illegible]

CHILDREN'S POTTERY

Ages 6 to 18

Create and paint your own birdfeeder and owl. Register by 10/1.
\$25.00 LR / \$38.00

FAIRVIEW CENTER

Instructor: Sue Matherly

Tu 10/8 - 10/29	4:00pm - 5:00pm	63600.313
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CREATE! JEWELRY MAKING

Ages 6 to 17

Learn beading techniques including terms, bead selection, and composition as you design your own beautiful jewelry just in time to give as a holiday gift!
\$3.00 payable on site

JEFFERSON PARK CENTER

Instructor: Spencer Pyke

M 12/2 - 12/16	6:00pm - 7:00pm	62600.304
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[illegible]

BEGINNING HAND BUILT & WHEEL POTTERY

Ages 18 & up

Learn to make clay pottery using both hand forming and wheel throwing techniques. Firing is included in fee. Register at least one week prior to start date of class.

\$88.00 LR / \$103.00

THE ART STUDIO AT JACKSON HEIGHTS CENTER

Instructor: Gail Speidell

Tu 9/10 - 10/29	9:00am - 12:00pm	26000.310
W 9/11 - 10/30	6:00pm - 9:00pm	26000.311
Tu 11/5 - 1/7	9:00am - 12:00pm	26000.330
W 11/6 - 1/8	6:00pm - 9:00pm	26000.331

POTTERY: OPEN STUDIO

Ages 18 & up

The open studio is designed to allow you to work on your own projects, with no instructor. Students must supply their own clay and glazes. Firing is included in fee. Register by 9/13.
\$50.00

THE ART STUDIO AT JACKSON HEIGHTS CENTER

Contact: Sue Matherly

Th 9/19 - 10/31	9:00am - 11:00am	26000.312
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STAINED GLASS PANEL*Ages 18 & up*

Learn to cut, grind, and solder to create a colorful window hanging. Register at least one week prior to first class session.

\$90.00 LR / \$105.00

THE ART STUDIO AT JACKSON HEIGHTS CENTER

Instructor: Sue Matherly

Th 10/10 - 12/5	6:30pm - 8:30pm	63600.320
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**INTRODUCTION TO EASY PAINTING:
ACRYLICS & OILS***Ages 18 & up*

Explore the characteristics of both oils and acrylics as you learn the techniques of blending and applying these different mediums. Students should bring their own brushes and an inexpensive set of oils and acrylic paint sets. Canvases provided. Register by 8/28.

\$40.00 LR / \$55.00

FAIRVIEW CENTER

Instructor: Betty Leary

Tu 9/3 - 9/24	10:00am - 12:00pm	63600.310
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OIL PAINTING BASICS*Ages 18 & up*

Learn to mix colors and incorporate basic design elements as you paint a beautiful landscape. Students should bring an 11" x 14" canvas and brushes. Register by the Friday before.

\$30.00 LR / \$45.00

TEMPLETON SENIOR CENTER

Instructor: Rodney Laughon

Tu 9/17	1:00pm - 4:00pm	74400.315
Tu 10/15	1:00pm - 4:00pm	74400.320
Tu 11/19	1:00pm - 4:00pm	74400.322

TIPS AND TRICKS FOR OIL PAINTERS*Ages 18 & up*

Bring a favorite photo or picture to recreate along with your own brushes and paints. A 16" X 20" canvas is provided. Instructor available to assist and critique. Register by the Thursday before.

\$48.00 LR / \$63.00

TEMPLETON SENIOR CENTER

Instructor: Betty Leary

M 9/9 - 10/14	6:30pm - 8:30pm	74400.311
M 10/28 - 12/2	6:30pm - 8:30pm	74400.331

PAINTING ON SLATE*Ages 18 & up*

Learn basic painting techniques working with acrylic paints and their application on slate as you create a colorful outdoor scene. Register by 10/23.

\$26.00 LR / \$39.00

TEMPLETON SENIOR CENTER

Instructor: Linda Duff

Sa 10/26	9:30am - 12:30pm	73004.326
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ACRYLICS: OPEN STUDIO*Ages 18 & up*

Enjoy painting with friends as you develop your painting skills. Local artist and instructor is available for guided assistance as you work. Bring your art work, paints and brushes. Register by 9/6.

\$40.00 LR / \$55.00

TEMPLETON SENIOR CENTER

Instructor: Betty Leary

Tu 9/10 - 10/15	6:30pm - 8:30pm	74400.310
Tu 10/29 - 12/3	6:30pm - 8:30pm	74400.330

BEGINNING WATERCOLORS*Ages 18 & up*

Discover the basics of layering, blending and building depth in your paintings. Learn different techniques and how to correct mistakes. Beginners only. Register by the Monday before.

\$60.00 LR / \$75.00

TEMPLETON SENIOR CENTER

Instructor: Betty Leary

Th 9/12 - 10/17	6:30pm - 8:30pm	74401.310
Th 10/31 - 12/12	6:30pm - 8:30pm	74401.330

EN PLEIN AIR*Ages 18 & up*

French for "in the open air," artists around the world revel in the opportunity to paint outside. Gather in the historic Daniel's Hill community to capture the vivid palette of fall colors. Explore techniques for painting landscapes, from views of the James River to neighborhood architecture. Bring your own art supplies and lunch for an inspired day outside. Register by 10/19.

\$20.00 LR / \$30.00

DANIEL'S HILL CENTER

Contact: Jo Ann Stinnette

Sa 10/26	10:00am - 2:00pm	67600.302
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ARTS & CRAFTS

KNITTING CLASSES: WRIST WARMERS

Ages 18 & up

Both new and experienced knitters will enjoy this project. Wrist warmers are also known as fingerless gloves. Several patterns will be available to choose from. Bring your own skein of yarn from baby to sport weight and size 6 double pointed needles. Register by 10/18.

\$10.00

TEMPLETON SENIOR CENTER

Instructor: Barbara Crews

Tu 10/22 - 11/5	12:30pm - 2:30pm	73004.322
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CREATE! HOLIDAY WREATH

Ages 18 & up

Create a beautiful wreath to display in celebration of the season. All supplies provided. Register by 11/16.

\$10.00

COLLEGE HILL CENTER

Contact: Spencer Pyke

Sa 11/23	11:00am - 2:00pm	65600.303
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INTRODUCTION TO METALS AND JEWELRY

Ages 18 & up

Learn about different metals and how to make simple jewelry projects.

Register by 9/12.

\$75.00 LR / \$90.00

THE ART STUDIO JACKSON HEIGHTS CENTER

Instructor: Ariel Oliver

Th 9/19 - 10/24	9:30am - 11:30am	63600.316
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Fifty-plus

BEADING WITH JAMIE

Ages 50 & up

Learn beading techniques including terms, bead selection, and composition as you design your own beautiful piece of jewelry. Register by the Friday before.

\$10.00

TEMPLETON SENIOR CENTER

Instructor: Jamie Carlund

Tu 9/24	7:00pm - 8:30pm	74404.310
Tu 10/22	7:00pm - 8:30pm	74404.320
W 11/20	10:00am - 11:30am	74404.330

all ages

ENRICH! WATERCOLORS

All Ages

Discover the basics of layering, blending, and building depth in your paintings. Learn different techniques and how to correct mistakes. Register by 9/2.

\$30.00 LR/ \$40.00

DANIEL'S HILL CENTER

Contact: Jo Ann Stinnette

M 9/9 - 9/30	6:00pm - 7:00pm	67600.307
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CREATE! JEWELRY MAKING

All Ages

Learn beading techniques including terms, bead selection, and composition as you design your own beautiful jewelry. Register by 9/26.

\$12.00 LR/ \$18.00

DANIEL'S HILL CENTER

Instructor: Jo Ann Stinnette

Th 10/3 - 10/24	11:00am - 12:00pm	67600.306
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ATHLETICS

Youth

GIRLS FALL SOFTBALL

Ages 6 to 15

Our girls fall softball league is ideal for new players and those who want to continue to work on their softball skills. Girls are placed on teams according to their age. Practices begin in late August, and games are scheduled after Labor Day through October. Register by 8/15.

\$40.00 LR / \$55.00

PEAKS VIEW SOFTBALL FIELD

Contact: Joanna Nisbet

M - Sa 9/3 - 11/2	6:00pm - 10:00pm	31011.301
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YOUTH BASKETBALL INSTRUCTIONAL PROGRAM

Ages 7 to 8

Your child will have a great time while they practice their skills and learn about the fun game of basketball. They will learn all about the fundamentals of the game on lowered baskets that make it easier and more fun for them. Each week they will spend time on skills and then play no pressure scrimmages to get them ready for the next level. Register by 1/3.

\$45.00 LR / \$60.00

THE ARMORY

Contact: Joanna Nisbet

Sa 1/11 - 3/1	9:00am - 10:00am	31033.101
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GIRLS YOUTH BASKETBALL

Ages 9 to 18

If you enjoy the game of basketball, register to play in our youth recreational league. Practices begin in December and games are scheduled to begin in January. All registration must be done in-person for first-time registrants. Those who played in the league previously can register online. Please note that birth certificates are required at the time of registration. Registration will be held on the dates below, and during office hours at Parks & Rec administrative offices. Participants who register on or after Friday 11/15 may be accepted on a space available basis and are subject to a \$5 late fee. All late registrants must go through the draft to determine team placement.

\$45.00 LR / \$60.00

REGISTRATION (PUBLIC WORKS, 1700 MEMORIAL AVE)

T 11/5, 11/12 from 5:00pm - 7:00pm

Th 11/7, 11/4 from 5:00pm - 7:00pm

S 11/9 from 12:00pm - 3:00pm

LOCATION TBA

Contact: Joanna Nisbet

Ages 9-10	M - Sa 12/2 - 3/8	5:00pm - 9:00pm	31030.302
Ages 11-12	M - Sa 12/2 - 3/8	5:00pm - 9:00pm	31030.304
Ages 13-14	M - Sa 12/2 - 3/8	5:00pm - 9:00pm	31030.306
Ages 15-18	M - Sa 12/2 - 3/8	5:00pm - 9:00pm	31030.308

BOYS YOUTH BASKETBALL

Ages 9 to 18

If you enjoy the game of basketball, register to play in our youth recreational league. Practices begin in December and games are scheduled to begin in January. All registration must be done in-person for first-time registrants. Those who played in the league previously can register online. Please note that birth certificates are required at the time of registration. Registration will be held on the dates below, and during office hours at Parks & Rec administrative offices. Participants who register on or after Friday 11/15 may be accepted on a space available basis and are subject to a \$5 late fee. All late registrants must go through the draft to determine team placement.

\$45.00 LR / \$60.00

REGISTRATION (PUBLIC WORKS, 1700 MEMORIAL AVE)

T 11/5, 11/12 from 5:00pm - 7:00pm

Th 11/7, 11/4 from 5:00pm - 7:00pm

S 11/9 from 12:00pm - 3:00pm

LOCATION TBA

Contact: Joanna Nisbet

Ages 9-10	M - Sa 12/2 - 3/8	5:00pm - 9:00pm	31030.301
Ages 11-12	M - Sa 12/2 - 3/8	5:00pm - 9:00pm	31030.303
Ages 13-14	M - Sa 12/2 - 3/8	5:00pm - 9:00pm	31030.305
Ages 15-18	M - Sa 12/2 - 3/8	5:00pm - 9:00pm	31030.307

YOUTH OPEN GYM

Ages 6 to 18

Shoot hoops with friends old and new. No registration needed. FREE.

DUNBAR MIDDLE SCHOOL

Ages 6 - 14 (coed)	Tu 9/10 - 11/19	7:00pm - 8:00pm
Ages 15-18 (coed)	Tu 9/10 - 11/19	8:00pm - 9:00pm
Ages 6 & up (girls)	Tu 9/10 - 11/19	6:00pm - 7:00pm

LINKHORNE MIDDLE SCHOOL

Ages 6 - 18 (coed)	Su 9/15 - 11/17	3:00pm - 5:00pm
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SANDUSKY MIDDLE SCHOOL

Ages 6 - 18 (coed)	Sa 9/14 - 11/16	3:00pm - 5:00pm
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TRACK OR TREAT

Ages 4 to 17

Join us for this fun Halloween-themed children's track event. No official timing will be used. Children ages 7 & under will participate in a 200-meter run, while ages 8-12 & 13-17 will run 400 meters. Compete in our costume contest & enjoy our other Halloween-themed games & activities. All race participants will receive a finisher's award & a healthy treat. Register by 10/19.

\$10.00 LR / \$15.00

LOCATION TBA

Contact: Joanna Nisbet

F 10/25	3:00pm - 5:00pm	30021.301
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ATHLETICS

PLAY TO LEARN - FLAG FOOTBALL

Ages 6 to 13

Whether you're a first timer or a future Hall of Famer, come out for a Saturday morning dedicated to the pigskin. Take part in different drills before showcasing your talent in the big game!

\$2.00 payable on site

JEFFERSON PARK

Contact: Spencer Pyke

Sa 9/14	11:00am - 1:00pm	62300.301
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PLAY TO LEARN - ULTIMATE

Ages 6 to 17

Not your average disc toss. Take part in the Ultimate experience, demanding teamwork and sporting behavior to reach the end zone.

FREE

YODER CENTER

Contact: Gary Takacs

Tu 11/12	4:00pm - 6:00pm	64300.304
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adult

ADULT KICKBALL

Ages 18 & up

Kick it old school! Play Kickball at Peaks View Park! Teams include ten players and will play double-headers one night per week. All meetings and registrations are held at the Athletics office at Kemper Street Station.

IN-PERSON REGISTRATION ONLY.

Team Fee: \$100.00, County Player Fee: \$15.00/person

IMPORTANT DATES

Organizational meeting: 8/5 at 6:00pm

Registration: 8/19 - 8/22 from 4:00pm - 6:00pm

Coaches meeting: 8/26 at 6:00pm

PEAKS VIEW PARK

Contact: Ron Martin

M - Th 9/9 - 10/10	6:30pm - 8:30pm	30011.301
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ADULT VOLLEYBALL

Ages 18 & up

Teams will play a 12-match (5 games per match) schedule with one match per week starting at 7:00pm or 8:30pm. Top four teams will play a single-elimination tournament; best two out of three games determine a City Champion. All meetings and registrations are held at the Athletics office at Kemper Street Station. IN-PERSON REGISTRATION ONLY.

Team Fee: \$399.00, County Player Fee: \$15.00/person

IMPORTANT DATES

Organizational meeting: 9/23 at 6:00pm

Returning team registration: 9/30 - 10/4 from 4:00pm - 6:00pm

New team registration: 10/7 - 10/10 from 4:00pm - 6:00pm

PEAKS VIEW PARK

Contact: Ron Martin

M - Fr 10/28 - 4/18	6:30pm - 8:30pm	30003.301
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WIFFLEBALL

Ages 18 & up

Enjoy a fun fall season playing one night a week of doubleheaders for a total of 8 games. All meetings and registrations are held at the Athletics office at Kemper Street Station. IN-PERSON REGISTRATION ONLY.

Team Fee: \$100.00, County Player Fee: \$15.00/person

IMPORTANT DATES:

Organizational meeting: 8/5 at 6:00pm

Registration: 8/19 - 8/22 from 4:00pm - 6:00pm

Coaches meeting: 8/26 at 6:00pm

PEAKS VIEW PARK

Contact: Ron Martin

M - Th 9/9 - 10/10	6:00pm - 9:00pm	30010.301
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Fifty-plus

SOFTBALL

Ages 50 & up

Coed games focused on fun and friendly competition. All players age 50 and over are invited to participate regardless of skill level. Enjoy friendly competition each Wednesday and Friday. Register and pay monthly. \$10.00

PEAKS VIEW PARK

Contact: Lynn Fox

W F 9/4 - 9/27	9:00am - 11:00am	73702.310
W F 10/2 - 10/30	10:00am - 12:00pm	73702.320

TEAM SIDELINE

SCHEDULES | SCORES | STANDINGS

TEAMSIDELINE.COM/LYNCHBURG

Are we playing today?

Cancellation line: (434) 455-5892

ARCHERY 101

Ages 50 & up

Learn the basic techniques of archery: parts of the bow, shooting form, and the layout of the range. Archery is a sport that can be practiced by virtually anyone regardless of age, gender, skill, ability or experience. All equipment provided. This class is a prerequisite for all other archery classes offered. Register by 9/20.
\$25.00 LR / \$38.00

FAIRVIEW CENTER

Instructor: Kaleb VanDePerre

M 9/23	12:30pm - 3:00pm	73708.310
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PICKLEBALL

Ages 50 & up

One activity, two great locations! Discover the fun of pickleball, a racquet sport that combines elements of badminton, tennis, and table tennis. Through the month of September, enjoy outdoor play on the tennis courts at the Fairview Center on Tuesdays and at Heritage United Methodist Church Gym on Thursdays. Register and pay monthly on site.
\$10.00

HERITAGE UNITED METHODIST CHURCH

582 Leesville Road
Contact: Marsha Berry

Fairview	Tu 9/3 - 9/24	9:00am - 11:00 am	73703.310
HUMC	Th 9/5 - 9/26	2:00pm - 5:00pm	
HUMC	Th 10/3 - 10/24	1:00pm - 5:00pm	73703.320
HUMC	Th 11/7 - 11/21	1:00pm - 5:00pm	73703.330
HUMC	Th 12/5 - 12/26	1:00pm - 5:00pm	73703.340

all ages

ARCHERY 101

Ages 8 & up

Archery is a sport for all ages and abilities. Learn the basic elements of archery: parts of the bow, shooting form, and the layout of the range. All equipment provided. This class is a prerequisite for all other archery classes offered. Register by the Thursday before.
\$22.00 LR / \$33.00

FAIRVIEW CENTER

Instructor: Kaleb VanDePerre

Sa 9/7	1:00pm - 3:00pm	63300.315
Sa 9/7	3:00pm - 5:00pm	63300.314
Sa 9/14	1:00pm - 3:00pm	63300.316
Sa 9/14	3:00pm - 5:00pm	63300.317

ARCHERY SAMPLER

Ages 8 & up

Experience three different types of bows in this three-week workshop: the Recurve Bow, Compound Bow and Crossbow. Archers can expect to improve confidence, proficiency, and general archery knowledge. Archery 101 is a prerequisite to this class. All equipment provided. Register by 10/1.
\$40.00 LR / \$55.00

FAIRVIEW CENTER

Instructor: Kaleb VanDePerre

Sa 10/5 - 10/19	1:00pm - 2:00pm	63300.322
Sa 10/5 - 10/19	2:00pm - 3:00pm	63300.323



fairview center

3621 Campbell Avenue (434) 847-1751

Get involved! A variety of special interest groups meet regularly at the Fairview Center. Groups are traditionally for fifty-plus citizens; space permitting, younger adults are always welcome. Many activities are citizen-led, no registration is required, and most are free or have nominal fees. Stop by Fairview for a full schedule.

50+ PLUS BILLIARDS
Mondays, Wednesdays & Fridays
9:30am - 1:00pm

BRIDGE GROUP
Mondays
9:30am - 11:30am

50+ TENNIS
Wednesdays & Fridays
10:00am

COMPUTER TIME
Wednesdays & Fridays
9:30am - 1:00pm

50+ HORSESHOE
Mondays, Wednesdays & Fridays
9:30am - 1:00pm

GAME ENTHUSIASTS
Wednesdays & Fridays
9:30am - 12:00pm

50+ BASKETBALL
Mondays, Wednesdays & Fridays
9:30am - 1:00pm

GEM & MINERAL CLUB
3rd Wednesday, monthly
7:00pm - 9:00pm

CERAMICS CLUB
Wednesdays & Fridays
9:30am - 12:00pm

HILL CITY WRITER'S GROUP
Mondays 9:00am - 11:00am
Tuesdays 7:00pm - 9:00pm

the art studio

720 Winston Ridge Road (434) 455-4001

Classes started at The Art Studio at Jackson Heights in January of 2013 with rave reviews. This recently renovated location is equipped for pottery, ceramics, stained glass, and metal and jewelry making. Interested in arranging a special class for a special group, or becoming an instructor? Call Allyson McSwain, City-Wide Centers Supervisor, 455-5837.



templeton senior center

225 Wiggington Road (434) 455-4115

Templeton Senior Center activities are generally planned for participants age fifty-plus. Due to renovations at the Miller Center, certain classes have been relocated to Templeton and are open to younger adults. Look for additional fifty-plus activities listed throughout this guide including art, athletics, community, dance, fitness, enrichment and more.

CANASTA
Fridays
9:30am - 11:30am

LITERATURE FOR LIFE
2nd Thursdays
10:30am - 11:30am

COMPUTER TIME
Tuesday & Thursday mornings
Call ahead.
9:30am - 11:30am

SOCIAL / PARTY BRIDGE
Tuesdays & Thursdays
9:30am - 11:30am

CURRENT ISSUES AND EVENTS
WITH DR. JAMES CAMPBELL
2nd & 4th Wednesdays
10:30am - 11:30am

MAHJONG
Thursdays 9:30am - 12:30pm

FIFTY-PLUS BOWLING
Fort Hill Bowling Center,
6105 Fort Avenue
Tuesdays 1:00pm - 3:00pm

LYNCHBURG DUPLICATE
BRIDGE CLUB
Mondays 12:30pm
Wednesdays 7:00pm
Fridays 10:00am

NEW CHAPTER BOOK GROUP
Drowsy Poet at Givens Books,
2236 Lakeside Drive
4th Mondays Monthly
10:00am - 11:00am

PUTT-PUTT LEAGUE
Putt-Putt Fun Center
8105 Timberlake Road
Mondays
September 9:00am - 11:00am
October 10:00am - 12:00pm

GOLDEN GOURMET
4th Fridays Monthly
11:30am - 1:30pm

VIDEO CHAIR EXERCISE CLASS
Mondays, Tuesdays, Wednesdays,
& Fridays
9:30am - 10:15am

For a full list of all fifty-plus activities offered, pick up a copy of the Fifty-Plus NEWSLETTER at any one of our centers, or view online at WWW.LYNCHBURGVA.GOV/FIFTY-PLUS.

neighborhood centers

Our friendly neighborhood recreation centers offer a place for community members to gather, play, learn and communicate. Every center offers a recreation room, computer lab, library, and kitchen. Each recreation room is equipped with ping pong, pool, games, puzzles, etc. Outdoor facilities include a playground, outdoor basketball court, park, grill, and picnic table(s).

Stop by any of our centers for their full monthly schedule!

college hill center

811 Jackson Street (434) 847-1418

jefferson park center

405 York Street (434) 847-1405

daniel's hill center

317 Norwood Street (434) 847-1396

upper center

109 Jackson Street (434) 847-1645

diamond hill center

1005 17th Street (434) 847-1409

Stop by to say hello and to pick up a monthly calendar!

[illegible][illegible]

All Ages

\$3.00 payable on site

Contact: Gary Takacs

F 9/6 - 12/6	10:30am - 12:30pm	64700.301
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All Ages

FREE

Contact: Gary Takacs

Sa 9/14	9:00am - 1:00pm	64800.303
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All Ages

\$3.00 payable on site

Contact: Jo Ann Stinnette

W 9/18 - 12/18	10:00am - 11:30am	67700.310
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All Ages

\$3.00 payable on site

Contact: Micky Ferguson

W 9/18 - 12/18	12:00pm - 2:00pm	66500.305
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Ages 6 & up

FREE

Contact: Michael Preston

F 11/8 - 11/15	5:00pm - 6:00pm	65600.305
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[illegible]

Please join us as we salute the men and women who have served and who continue to serve our country. Enjoy lunch, entertainment and door prizes. Tickets on sale 10/14-11/5. FREE to all Veterans age fifty and over who register by 11/5. Non-Veterans Tickets \$6.00. Call (434) 455-4115 to register.

Contact: Lynn Fox



DANCE & FITNESS

adult

ZUMBA EXERCISE CLASS

Ages 18 & up

An exhilarating cardio and toning workout, with easy-to-follow dance moves using Latin inspired music. Register and pay monthly. No class 9/2.
\$24.00 LR / \$36.00

TEMPLETON SENIOR CENTER

Instructor: Kirstin Eubank

M W 9/4 - 9/30	5:00pm - 5:45pm	74208.311
M W 10/2 - 10/30	5:00pm - 5:45pm	74208.321
M W 11/4 - 11/27	5:00pm - 5:45pm	74208.331
M W 12/2 - 12/30	5:00pm - 5:45pm	74208.341

ZUMBA AT FAIRVIEW

Ages 18 & up

Move your feet to a Latin beat for a fun cardio workout that will tone and trim your body. Register monthly.
\$24.00 LR / \$36.00

FAIRVIEW CENTER

Instructor: Kirstin Eubank

Tu Th 9/3 - 9/26	6:00pm - 6:45pm	63300.310
Tu Th 10/1 - 10/31	6:00pm - 6:45pm	63300.320
Tu Th 11/5 - 11/26	6:00pm - 6:45pm	63300.330
Tu Th 12/3 - 12/31	6:00pm - 6:45pm	63300.340

LINE DANCING: IRISH DANCING

Ages 18 & up

Have fun line dancing to Irish music (Dancing Above the Rainbows). Receive step-by-step instructions and handouts for each dance. Register by 9/6.
\$20.00 LR / \$30.00

TEMPLETON SENIOR CENTER

Instructor: Linda Parker

Tu 9/10 - 10/15	7:15pm - 8:15pm	74100.310
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LINE DANCING: COUNTRY & HOLIDAY

Ages 18 & up

Have fun line dancing to country and holiday music. Receive step-by-step instructions and handouts for each dance. Register by 11/1.
\$20.00 LR / \$30.00

TEMPLETON SENIOR CENTER

Instructor: Linda Parker

Tu 11/5 - 12/10	7:15pm - 8:15pm	74100.330
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ZUMBA AT NOON

Ages 18 & up

A great cardio workout using interval training with easy-to-follow dance moves to upbeat Latin rhythms. Register and pay monthly.
\$24.00 LR / \$36.00

TEMPLETON SENIOR CENTER

Contact: Tamara Reynolds

Tu Th 9/3 - 9/26	12:00pm - 12:45pm	74205.310
Tu Th 10/1 - 10/31	12:00pm - 12:45pm	74205.320
Tu Th 11/5 - 11/26	12:00pm - 12:45pm	74205.330
Tu Th 12/3 - 12/31	12:00pm - 12:45pm	74205.340

Fifty-plus

FAIRVIEW FITNESS

Ages 50 & up

Enjoy low-impact, self-paced classes with a fast, upbeat routine that helps trim and tone. Some floor exercises and weight training are a part of this class. Register by the first class of each month. No class 9/2.
\$24.00 LR / \$36.00

FAIRVIEW CENTER

Instructor: Sunny Nikolova Weaver

M W F 9/4 - 9/30	11:30am - 12:20pm	63300.311
M W F 10/2 - 10/30	11:30am - 12:20pm	63300.321
M W F 11/4 - 11/27	11:30am - 12:20pm	63300.331
M W F 12/2 - 12/30	11:30am - 12:20pm	63300.341

SCULPT AND TONE EXERCISE CLASS

Ages 50 & up

Begin with a cardio workout then focus on trimming and toning using weights, bands, and mats. Register and pay monthly.
\$24.00 LR / \$36.00

TEMPLETON SENIOR CENTER

Instructor: Sunny Nikolova Weaver

Tu Th 9/3 - 9/26	6:00pm - 7:00pm	74209.310
Tu Th 10/1 - 10/31	6:00pm - 7:00pm	74209.320
Tu Th 11/5 - 11/26	6:00pm - 7:00pm	74209.330
Tu Th 12/3 - 12/31	6:00pm - 7:00pm	74209.340

Interested in additional FIFTY-PLUS activities?

View our FIFTY-PLUS newsletter at
WWW.LYNCHBURGVA.GOV/FIFTY-PLUS



ENRICHMENT

Youth

MANGO LANGUAGES: CONVERSATIONAL SPANISH

Ages 6 to 16

Mango Languages is a great online resource that will help you learn practical conversational skills for language development. Mango lets you learn at your own pace. A great supplement for students who are currently taking Spanish in school. No class 11/26. Register by 9/9.
\$5.00

FAIRVIEW CENTER

Instructor: Sandra Cook

Tu 9/10 - 12/17	4:30pm - 5:30pm	63000.340
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PHOTOGRAPHY: BIRDS

Ages 8 to 12

Young photographers interested in nature will love this one-day class. Get tips and ideas on how to improve your techniques and take great nature photos. Your instructor's award-winning bird photos will be available for viewing. Register by 9/13.
\$10.00

FAIRVIEW CENTER

Instructor: Bob Schamerhorn

Th 9/19	4:30pm - 5:30pm	63500.310
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BASIC WRITING: TIPS AND TRICKS

Ages 6 to 12

Your child can explore his or her creative side while working with a published writer. Tips and tricks learned in the class can also be helpful with SOL testing. Register by 9/16.
\$10.00

FAIRVIEW CENTER

Instructor: Marie Colligan

Th 9/19	4:30pm - 5:30pm	63500.311
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adult

WRITING LIKE A PRO

Ages 18 & up

Improve your writing skills in all genres: fiction, short story, memoir, essay and nonfiction with critiques by a published professional author. Register by 10/8.
\$10.00

FAIRVIEW CENTER

Instructor: Marie Colligan

F 10/11 - 10/18	10:00am - 12:00pm	63500.321
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CAREER SKILLS: MICROSOFT OFFICE SERIES

Ages 18 & up

Looking for a job? Want to improve your everyday office skills? Then register for the Microsoft Office Series to learn the basics of Word, Excel, PowerPoint, Access and Publisher in this five part series.
\$20.00

JEFFERSON PARK CENTER

Instructors: Spencer Pyke & Sam Howe

W 10/2 - 10/30	6:00pm - 7:00pm	62500.302
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COMPUTER BASICS

Ages 18 & up

Learn to navigate the keyboard, make simple documents, cut/paste, and email your friends the latest family photo. Bring your own laptop computer, if possible. Register by 9/13.
FREE

TEMPLETON SENIOR CENTER

Instructor: Sarah Compton

M W 9/16 - 9/25	10:30am - 11:45am	73004.313
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COMPUTER BASICS: PURCHASING TIPS FOR COMPUTERS

Ages 18 & up

What's on your holiday shopping list? Trying to decide between a tablet, laptop, or desktop computer? Get details to help make that decision. Learn the difference between Windows and Macs. Get the facts on memory, RAM, processor speed, graphics card and more. Be prepared for Black Friday.
\$10.00

TEMPLETON SENIOR CENTER

Instructor: Sarah Compton

F 11/15	10:30am - 11:45am	73003.330
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COMPUTER BASICS: PHOTO EDITING & SLIDESHOW
Ages 18 + up

Learn how to edit your photos and make videos with sound. Space is limited, bring your own laptop, if possible. Register by 9/27.
\$10.00

TEMPLETON SENIOR CENTER

Instructor: Sarah Compton

W 10/2	10:30am - 11:45am	73004.321
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COMPUTER BASICS: FACEBOOK
Ages 18 + up

Learn how to navigate Facebook, upload pictures and find your friends. Security concerns with this and other social media will also be addressed. Registration is limited, bring your own laptop, if possible. Register by 10/11.
\$10.00

TEMPLETON SENIOR CENTER

Instructor: Sarah Compton

W 10/16	10:30am - 11:45am	73004.324
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COMPUTER BASICS: GOOGLE
Ages 18 + up

Learn how Google can connect you with anything you ever wanted to know. Explore the possibilities in this interactive class. Register by 10/25.
\$10.00

TEMPLETON SENIOR CENTER

Instructor: Sarah Compton

W 10/30	10:30am - 11:45am	73004.323
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COMPUTER BASICS: INTERNET SECURITY
Ages 18 + up

Discover new ways to protect your information while using the Internet. Learn how to identify safe sites and avoid email scams. Acquire the knowledge you need about antiviruses and firewalls to protect yourself. Register by 11/1.
\$10.00

TEMPLETON SENIOR CENTER

Instructor: Sarah Compton

W 11/6	10:30am - 11:45am	73004.330
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CONVERSATIONAL SPANISH CLASS
Ages 18 + up

Learn basic Spanish to use when traveling. Register by 9/19.
\$28.00 LR / \$42.00

TEMPLETON SENIOR CENTER

Instructor: Jorge Lazo

M 9/23 - 10/28	6:00pm - 7:00pm	73004.310
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Fifty-plus

EXPERIENCING CUBA

Ages 50 + up

Travel with Nita and Bob Hempfling as they share their experiences of a trip into this previously inaccessible country.

FREE

TEMPLETON SENIOR CENTER

Contact: Marsha Berry

Th 9/26	10:30am - 11:30am	73004.311
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EXPERIENCING ECUADOR

Ages 50 + up

Explore the country and the culture of Ecuador as our conversational Spanish teacher, Jorge Lazo, describes growing up in his homeland.

FREE

TEMPLETON SENIOR CENTER

Contact: Marsha Berry

Tu 11/12	10:30am - 11:30am	73004.333
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MEET THE AUTHOR: MARIE COLLIGAN

Ages 50 + up

Marie Colligan is a gifted writer of romance novels, including *Marcel's Gift*.

FREE

TEMPLETON SENIOR CENTER

Contact: Marsha Berry

Tu 9/10	10:30am - 11:30am	73003.311
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MEET THE AUTHOR: CAROLYN TYREE FEAGAN

Ages 50 + up

This fiction writer draws from local history to make her work of particular interest to those of us who live in the shadow of the Blue Ridge Mountains.

FREE

TEMPLETON SENIOR CENTER

Contact: Marsha Berry

Th 11/7	10:30am - 11:30am	73003.331
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TOUR OF RIVERVIEWS ARTSPACE/
LUNCH AT CATALANO'S DELICATESSEN

Ages 50 + up

Tour Riverviews Art Space and enjoy lunch at Catalano's Delicatessen (on your own). Check out their daily specials and enjoy lunch with friends.

FREE

901 JEFFERSON STREET

Contact: Marsha Berry

Th 10/3	10:00am - 1:00pm	73003.313
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FUN & GAMES

all ages

BRIDGE CLASS: INTERMEDIATE

Ages 18 & up

Continue learning the game of bridge. This class is for people who have had playing experience, but want additional instruction. Register by the Friday before.

\$34.00 LR / \$49.00

TEMPLETON SENIOR CENTER

Instructor: Phyllis Moldenke

M 9/9 - 10/14	9:30am - 11:30am	74002.311
M 10/28 - 12/2	9:30am - 11:30am	74002.321

BRIDGE CLASS: ADVANCED

Ages 18 & up

Improve your game and learn the finer points of bridge. Previous playing experience is a must. Register by the Friday before.

\$34.00 LR / \$49.00

TEMPLETON SENIOR CENTER

Instructor: Ed Moldenke

M 9/9 - 10/14	9:30am - 11:30am	74002.310
M 10/28 - 12/2	9:30am - 11:30am	74002.320

BILLIARDS CLUB

Ages 18 & up

Enjoy some mid-week Billiards to prepare yourself for the Jefferson Park Neighborhood Tournament.
FREE

COLLEGE HILL CENTER

Contact: Michael Preston

Tu 10/1 - 10/29	12:30pm - 2:00pm	65700.302
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JEFFERSON PARK CENTER

Contact: Spencer Pyke

Tu 11/5 - 11/26	12:00pm - 3:00pm	62700.303
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CARD CLUB

All Ages

Whether your game is solitaire, spades, or gin rummy, come out to enjoy the classics with community members and friends.
FREE

DANIEL'S HILL CENTER

Contact: Jo Ann Stinnette

F 10/4 - 12/6	1:00pm - 2:30pm	67700.305
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MAHJONG MARATHON

Ages 18 & up

Enjoy a full day of mahjong as you challenge your friends in this Chinese tile game. Newcomers welcome. Join us Thursdays from 9:30 -12:30 to practice before the big day. Door prizes and lunch provided. Register by 10/24.
\$10.00

TEMPLETON SENIOR CENTER

Contact: Lynn Fox

Sa 10/26	9:30am - 12:30pm	73003.320
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CATCH THE BEAT: DRUM CIRCLE

Ages 18 & up

Enjoy the mesmerizing drum circle experience. The Nataraja Women's Ensemble will perform, then you'll catch the beat as you participate in the drumming.

FREE

TEMPLETON SENIOR CENTER

Instructor: Harriet Peterson

F 10/25	7:00pm - 8:00pm	73003.321
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LET'S MOVE: DRUM CIRCLE

Ages 18 & up

Enjoy the mesmerizing experience of a drum circle with community members at the neighborhood center.
FREE

DANIEL'S HILL CENTER

Instructor: Terri Miller

Th 9/12 - 12/12	1:30pm - 2:30pm	67600.308
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W.D. AND COMPANY CONCERT

All Ages

W.D. and Company play a variety of favorite hits from the 50's: bluegrass, gospel, swing and everything in between.
FREE

TEMPLETON SENIOR CENTER

Contact: Tamara Reynolds

Sa 9/14	7:00pm - 8:30pm	73003.310
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FAIRVIEW FALL FUN DAY

Ages 50 & up

It's Fun...It's Fall...And it's at Fairview! Enjoy indoor and outdoor games, contests, prizes, lunch and more! All proceeds to benefit the Fairview Center.
\$4.00

FAIRVIEW CENTER

Contact: Jamey Love

F 10/25	10:00am - 12:30pm	63700.320
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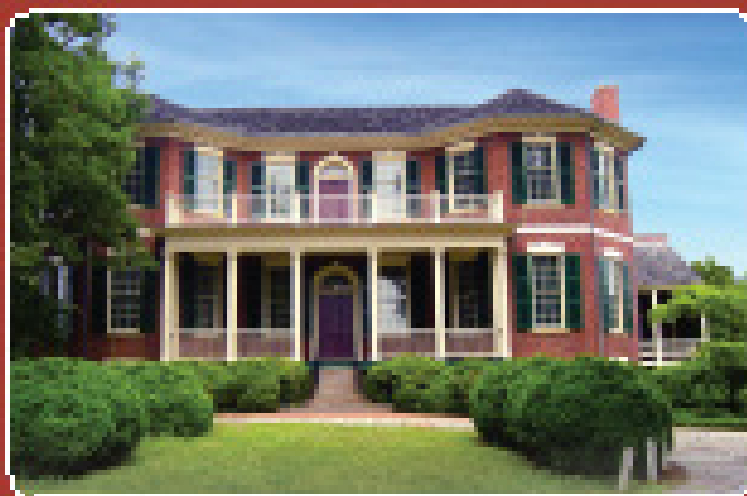
let's party! 🎉

Looking for a “wild” adventure for your child’s birthday? Why not try an Animal Safari or Dinosaur Safari at the Nature Zone....or get outside at beautiful Ivy Creek Park for a Canoe Adventure birthday party!

For more information and to schedule your WILD birthday party, call (434) 455-5828 or visit our website at www.lynchburgva.gov.



DISCOVER LYNCHBURG HISTORY



Two timeless artifacts filled with treasures and stories of historic Lynchburg Virginia.

The Lynchburg Museum
901 Court Street | Lynchburg, VA
(434) 455-6226
www.lynchburgmuseum.org



Point of Honor
112 Cabell Street | Lynchburg, VA
(434) 455-6226
www.pointofhonor.org

HOMESCHOOL: ASTRONOMY

Ages 6 to 12

Homeschoolers will explore the universe through pictures, models, games and activities. Learn about stars and galaxies, planets and moons, comets and asteroids. How big is the universe, and are we alone? Come find out! Register by 12/9.
\$10.00 LR / \$15.00

NATURE ZONE

Contact: Vic Fleet

M 12/16	10:00am - 12:00pm	52007.304
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HOMESCHOOL: REPTILES AND AMPHIBIANS

Ages 6 to 12

Homeschoolers will meet our reptile and amphibian friends. Find out who they are and how to tell the difference between the two. We will learn their habitats and life cycles through fun activities and live animals. Register by 10/14.
\$10.00 LR / \$15.00

NATURE ZONE

Contact: Vic Fleet

M 10/21	10:00am - 12:00pm	52007.302
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HOMESCHOOL: INCREDIBLE INSECTS

Ages 6 to 12

Homeschoolers will explore the fascinating world of insects. We will collect insects, study their natural history and learn how to pin them. Bring a bug net and any insect to mount. Register by 9/9.
\$10.00 LR / \$15.00

IVY CREEK PARK

Contact: Amber Buck

M 9/16	10:00am - 12:00pm	52007.301
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HOMESCHOOL: ROCK STORIES

Ages 6 to 12

Homeschoolers will explore the hidden history of the earth by the interesting stories told in the rocks. Come and learn the secrets of the rocks and what they tell us. See unusual rocks and fascinating minerals. Register by 11/11.
\$10.00 LR / \$15.00

NATURE ZONE

Contact: Vic Fleet

M 11/18	10:00am - 12:00pm	52007.303
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BROWNIES GIRL SCOUTS:
HIKER BADGE WORKSHOP

Ages 6 to 8

Brownies will earn their Hiker Skill Building badge while engaging in "Leave No Trace" activities at Ivy Creek Park. Bring a drink. Wear closed-toed shoes and dress for weather. Register by 9/24.
\$6.00 LR / \$9.00

IVY CREEK PARK

Contact: Kathie Driscoll

W 10/2	4:30pm - 6:00pm	56003.302
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JUNIOR GIRL SCOUTS:
ANIMAL HABITAT BADGE WORKSHOP

Ages 9 to 12

In honor of World Water Monitoring Day, Juniors will earn their Animal Habitat Skill Building badge by investigating the aquatic wildlife and water quality of the lake at Ivy Creek Park. Register by 9/13.
\$6.00 LR / \$9.00

IVY CREEK PARK

Contact: Kathie Driscoll

T 9/24	4:00pm - 6:00pm	56003.301
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THE NATURE ZONE

Where exploring the wonders of nature is a natural connection. Located in the historic Kemper Street Station. Spark your imagination with our interactive displays... meet some "wild" animals... play with toys, puzzles and more at our "Kids' Corner"... and browse our extensive collection of animal mounts, featuring local birds, snakes, insects and a few exotic visitors!

FALL HOURS

Wednesdays 3:00pm - dusk
Fridays 12:00pm - 6:00pm
Saturdays 10:00am - 4:00pm

ADMISSION

Kids (2-17) \$1.00
Adults (18-49) \$2.00
Seniors (50+) \$1.00
Annual Passes \$30.00

Call (434) 455-5828 or visit www.lynchburgva.gov for more info!



YOUNG AT HEART

Ages 50 + up

Join us for a featured topic each week, and enjoy the company of friends. See website for speaker schedule.

\$5.00 payable on site

DIAMOND HILL CENTER

Contact: Micky Ferguson

W Th 9/11 - 12/12	11:00am - 1:00pm	66400.301
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FALLS PREVENTION PROGRAM

Ages 50 + up

Reduce fall-related injuries by increasing awareness of risk factors. Persons who fall often face significant declines in mobility and independence. Receive great information to help you be proactive and informed.

FREE

TEMPLETON SENIOR CENTER

Instructor: Beth Golden, Brain Injury Assoc. of VA

Tu 9/24	10:30am - 11:30am	73003.316
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Volunteer!

Whether you have a few hours a year, a month, or a week to contribute, we invite you to make a difference in your community by volunteering with Parks and Recreation.

Volunteer positions include:

- Adopt-A-Trail Groups and Families
- After-School Program Tutor
- Center Aide
- Nature Zone Volunteer and Animal Feeder
- Recreation Assistant
- Youth Basketball & Girls Softball Coaches

To learn more about the Volunteer Program, contact Paula Tannenbaum, Volunteer Coordinator at (434) 455-5886.

Adopt-A-Trail Orientation

Do you enjoy hiking on our city's trails? Become an Adopt-A-Trail volunteer to get outside, enjoy nature, exercise, and help keep the trails free of litter. Adopting a section of trail is fun and easy! Parks and Recreation provides all of the training and equipment for this rewarding program. Register by Monday before orientation.

IVY CREEK PARK

Contact: Paula Tannenbaum

Sa 10/5	10:30am - 11:30am	57200.301
Su 10/20	2:30pm - 3:30pm	57200.302



COMMUNITY EVENTS

BOYS & GIRLS CLUB ANNUAL CORNHOLE TOURNAMENT

September 7, 3:00pm
Riverfront Park

Cornhole tournament at Riverfront Park. Sponsored by the Boys & Girls Club of Greater Lynchburg. \$50 per two-person team in advance, \$60 per two-person team day of event.

WWW.BGCLYNCHBURG.ORG

GET!DOWNTOWN

September 13, 6:00pm - 9:00pm
Main Street

Street festival with vendors from businesses, food vendors, downtown restaurants, bands and more. Free event geared towards getting college students downtown and welcoming them to Lynchburg. FREE.

WWW.LYNCHSLANDING.COM

DAY IN THE PARK

September 14, 10:00am - 3:00pm
Miller Park

An annual free day of entertainment for the whole family! Food, fun, entertainment, music, culture, and opportunities to learn more about the services available in the Lynchburg area. FREE.

WWW.JRLEAGUELYNCHBURG.ORG

LYNCHBURG WINE & BEER FESTIVAL

September 21, 11:00am - 7:00pm
Riverfront Park

The Lynchburg Wine & Beer Festival will feature area vineyards & breweries with samplings and products for sale, numerous food vendors, craft and artisan vendors, area business vendors, and live music. \$15 in advance, \$20 day of event.

WWW.LYNCHBURGBEERANDWINEFESTIVAL.COM

AMAZING MILE CHILDREN'S RUN

September 27
Jefferson Street - Amazeement Square

This event will include a children's race, festival of downtown merchants, band, children's entertainment, and more. \$15 in advance, \$20 day of event.

WWW.VIRGINIA10MILER.COM

VIRGINIA 10-MILER 2013

September 28, 8:00am
Langhorne Road

This is the 40th year for this annual event which will include the Virginia 10-Miler and a 4-Miler race. The races will begin and end in front of E. C. Glass High School. \$40 in advance, \$75 day of event.

WWW.VIRGINIA10MILER.COM

DUCKY DERBY

October 5, 9:00am
Peaksview Park

Fun Run for kids - 1/4 mile (0-2), 1/2 mile (3-7), 1 mile (7-12), duck race, bouncies, games, vendors and more. \$10.

WWW.JRLEAGUELYNCHBURG.ORG

I AM WOMAN 5K

October 26, 8:00am
Langhorne Road

5K run/walk for charity. This event will be held on Langhorne Road starting at the Pearson Cancer Center. \$25 in advance, \$30 day of event.

WWW.PHFS.ORG

PANCAKE JAMBOREE

November 1, 6:00am - 8:00am
Lynchburg City Armory

All you can eat pancakes at the annual Pancake Jamboree. This event is sponsored by the Exchange Club of Lynchburg.

WWW.LYNCHBURGVAEXCHANGECLUB.ORG

TURKEY TROT

November 28, 8:00am
Main Street

The Turkey Trot is a mainstay for Presbyterian Homes and Family Services and for the community. This is a morning event that appeals to runners of all ages. Advance prices: 5K - \$20, walk - \$15, youth - \$15. Day of event prices: 5K - \$35, walk - \$30, youth - \$30.

WWW.PHFS.ORG

LYNCHBURG CHRISTMAS PARADE 2013

December 8, 5:00pm
Main Street

"A Season of Lights and Laughter" is the theme for the 2013 annual Christmas parade. The Retail Merchants Association is the new sponsor and the parade will include marching bands, beauty queens, and floats by area schools, businesses, churches and other civic organizations. FREE.

Interested in holding your next big event downtown, in a park, or at another city location? Contact Sharon Brown at (434) 455-5871 for more info.

Planning a smaller gathering? Rent a picnic shelter at one of our many parks. Call (434) 455-5858 for more info.

REGISTRATION FORM

Lynchburg Parks & Recreation • 301 Grove Street, Lynchburg VA 24501 • 434-455-5858 • FAX 434-528-2794

How did you hear about this activity?

☐ Activity Guide ☐ Website ☐ Email ☐ Facebook ☐ LTV ☐ TV ☐ Newsletter ☐ Newspaper ☐ Friend ☐ Other: _____

Participant's Name:

Date of Birth: ____ / ____ / ____

☐ Female ☐ Male

City of Lynchburg Resident? ☐ Yes ☐ No *Only participants living in the City of Lynchburg are eligible for Lynchburg Resident Rate (LR).*

Participant's Street Address (REQUIRED):

Street Address

City State Zip

Mailing Address (IF DIFFERENT THAN STREET ADDRESS):

Street Address or PO Box

City State Zip

Home Phone:

Work:

Cell:

Email: _____

Emergency Contact:

Relationship:

Phone:

PARTICIPATION AGREEMENT WITH 911 RELEASE

In consideration of the permission granted to me/my child by Lynchburg Parks & Recreation Department, being fully aware and understand any risks and dangers that are associated with said activities; it is still my decision to participate/allow my child to participate in such activity(ies). I hereby release and hold harmless the City of Lynchburg, its officers, employees and volunteers from all actions, causes of action, damages and claims, or demands which I, my heirs, executors, administrators, or assigns may have against the City of Lynchburg, and/or other described parties for all personal injuries known or unknown incurred by participation in this/these activity(ies). *In the event of a medical emergency, I authorize representatives of Lynchburg Parks & Recreation to contact EMS at 911, if I or my child is incapacitated. In the event I or my child requires medical treatment, I agree to be responsible for the cost of such treatment.*

Sign Here → Signature of Participant or Parent/Legal Guardian (REQUIRED) : _____ Date: _____

PHOTO RELEASE

I grant the City of Lynchburg permission to use my/my child's likeness and name in any official communications materials. Materials may include but are not limited to news releases, publications, videos, billboards, television, and social media. I, the undersigned, have read this release and understand all its terms.

Sign Here → Signature of Participant or Parent/Legal Guardian: _____ Date: _____

ACTIVITY TITLE

ACTIVITY

START DATE

FEE or LR FEE

\$

\$

\$

OFFICE USE ONLY

Receipt #: _____ Processed by: _____ Date: _____

Receipt Requested?

☐ Yes ☐ No

Total Due:

\$

METHOD OF PAYMENT

☐ Cash (*Do not send cash through the mail.*)

☐ Check (# _____)

☐ Money Order

☐  ☐ 

Expiration Date: _____

CREDIT CARD AUTHORIZATION

Must be completed for all mail-in credit transactions.

_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|_____|

Total Amount Charged: \$ _____

Cardholder Name: _____

Cardholder Signature: _____

Name and Address of Person Paying for Activities (if different than participant):

Name Street Address City State Zip

REFUND POLICY

- Refunds will only be considered if requested at least 10 business days prior to the start of the activity and may be subject to an administrative fee for incurred costs.
- No refunds (or partial refunds) will be issued to customers who fail to attend an activity/class.



RecQuest

Are you looking for an activity, class, or program suitable for groups? RecQuest is the answer!

Programs are designed for everyone and every occasion — from Scouts, to neighborhood groups, social clubs to family reunions. Parks and Recreation staff can customize a program to fit your needs. Use your own location, or join us at one of Lynchburg's parks, trails, or recreation centers. We provide all materials and the experienced instructors; you provide the date, time, and group!

RecQuest Package Programs

Exploring the Arts

Theatre Fun | Dance into Action | Explore an Art Medium | Creative Sculpture

Athletics

Basketball FUNDamentals | Winning Softball Skills | Fantastic Fitness

Genealogy

Introduction to Genealogy | Beyond Genealogy Basics | Web Genealogy

Naturalists

Explore the Seasons | Fall and Winter Hibernation | Live Animals | Scout Badge programs | Canoes & Kayaks

CALL (434) 455-5858 TO REQUEST MORE INFORMATION AND A FEE SCHEDULE.

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